

IGNITE GLOBAL

# PROFESSIONAL COACHING MASTERY CERTIFICATION FOR COACHING GROUPS & TEAMS

FULLY ACCREDITED BY THE INTERNATIONAL COACHING FEDERATION (ICF)

PROFESSIONAL QUALIFICATION IN GROUP & TEAM DEVELOPMENT. ICF LEVEL TWO COACH SPECIFIC EDUCATION











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#### STRUCTURE OF THE PROGRAM

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Interactive collaboration among the participants, instructors, and mentors of the program. Focus is the application of Coaching Competencies and Best Practices in a real-world setting. Runs for 8 weeks each session of 4 hours.

#### E-learning

Combination of Reading Resources, Coaching Tools, Logistical Collateral, Prerecorded videos, and Live Session Recordings. E-learning content comprises approximately 10 Hours.

#### Case Study Based Practicum

Conduct two group or team coaching engagements parallelly to the live sessions applying the skills gained from the program. The minimum number in each group is 3 individuals. Expected duration 24 hours of coaching delivery. Self-paced. Minimum of one coaching engagement is required.

#### Business Incubator

Provide group or team coaching to a client assigned by Ignite for gaining experience and confidence. Delivery of the coaching is self-paced. Expected duration is 18 hours of coaching delivery. Not a mandatory requirement.

### Assignment

Conduct one Group or Team Coaching Engagement (Case Study Based Practicum or Business Incubator) and record one of the regular coaching sessions. Self-assess the session against ICF Team Coaching Competencies and other essential parameters based on the assessment structure provided to you and submit for approval. Self-paced. Expected time duration 6 hours.

#### **Peer Reviews**

Conduct one Group or Team Coaching Engagement (Case Study Based Practicum or Business Incubator) with one of your peers from the cohort, taking turns as the lead coach and the co-coach. Record three of the regular coaching sessions where you take the role of the lead coach. Peer assesses the sessions against ICF Team Coaching Competencies and other essential parameters based on the assessment structure provided to you and discusses the peer review. Self-paced. Expected time duration 10 hours. A minimum of two peer reviews is required.

#### Business Development

Series of virtual Business Development Master Classes available to you via Ignite Business MasterMind and the privilege to join the Ignite Business Incubator as a participant in strategizing your coaching practice. Not a mandatory requirement.











#### **INTERACTIVE CURRICULUM - BRIEF**

Professional Coaching Mastery Certification for Coaching Groups & Teams

#### CERTIFICATION AND ACCREDITATION STANDARDS

#### PROFESSIONAL QUALIFICATION/DESIGNATION:

GROUP & TEAM DEVELOPMENT PROFESSIONAL CERTIFIED PROFESSIONAL GROUP & TEAM COACH

#### CERTIFICATION:

PROFESSIONAL COACHING MASTERY CERTIFICATION FOR COACHING GROUPS & TEAMS.

ICF ACCREDITED LEVEL TWO CERTIFICATION OR 65 HOURS OF ICF ACSTH AT PCC LEVEL OR ICF CCE UNITS BASED ON REQUIREMENTS

#### ICF CREDENTIAL PATHS:

PROFESSIONAL CERTIFIED COACH (PCC)
ADVANCED CERTIFICATION IN TEAM COACHING (ACTC)

#### PREREQUISITE:

MINIMUM OF ICF ACC CREDENTIAL OR ICF LEVEL ONE CERTIFICATION OR NON-ACCREDITED COACH SPECIFIC EDUCATION EQUIVALENT TO ICF LEVEL ONE EDUCATION AND 100 HOURS OF COACHING EXPERIENCE

#### **DURATION OF THE PROGRAM:**

32 HOURS OF SYNCHRONOUS ICF EDUCATION
10 HOURS OF SELF-PACED LEARNING (E-LEARNING)
MINIMUM OF 12/42 HOURS OF PRACTICUM
06 HOURS OF CASE STUDY BASED SELF-PACED ASSESSMENT
MINIMUM OF 06/10 HOURS OF PEER REVIEW OF CASE STUDY BASED
PRACTICUM

CERTIFICATION ENCOMPASSES 65 HOURS OF ICF CREDITS.

#### **COMPLETION OF THE PROGRAM:**

WITHIN 4 TO 18 MONTHS.











#### 1. EXPLORATION OF ESSENTIAL HUMAN ASSOCIATIONS

- 1.1. COLLECTIVE HUMAN ASSOCIATIONS GROUP & TEAM ASSOCIATIONS
- 1.2. TYPES OF GROUPS AND TEAMS TEAM DEVELOPMENT CURVE
- 1.3. UNDERSTANDING THE INTRICACIES OF GROUPS AND TEAMS IN ORGANIZATIONS (EXTERNAL GROUPS, WORKING GROUPS, PSEUDO TEAMS, EFFECTIVE TEAMS)
- 1.4. INTRICACIES OF GROUPS AND TEAMS IN ORGANIZATIONS: CASE STUDY: CHANGE MANAGEMENT
- 1.5. STAGES OF TEAM DEVELOPMENT

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### 2. COLLECTIVE PSYCHOLOGY AND DEVELOPMENTAL NEUROSCIENCE

- 2.1. HUMAN MIND AND COLLECTIVE AWARENESS
- 2.2. THE MYSTERIOUS OBSERVER EFFECT COLLECTIVE HUMAN BEHAVIOR
- 2.3. PARADIGM SHIFT: EXPLORATION OF COLLECTIVE EMPATHY AND DEEP DIVE INTO SYMPATHY, APATHY, AND COMPASSION.
- 2.4. BEHAVIOUR MANAGEMENT IN GROUP AND TEAM COACHING: CREATING AN EMOTIONAL CONTAINER
- 2.5. HOW TO CREATE PSYCHOLOGICAL SAFETY AMONG INDIVIDUALS IN GROUP AND TEAM COACHING
- 2.6. HOW TO DEVELOP, MAINTAIN, AND REFLECT ON TEAM RULES AND NORMS
- 2.7. HOW TO ENABLE VULNERABILITY IN GROUPS AND TEAMS -COMPREHENSIVE SYSTEMATIC TECHNIQUE
- 2.8. CONFLICT BEHAVIOR AND HUMAN PSYCHOLOGY
- 2.9. CONFLICT RESOLUTION AN INTEGRAL ELEMENT IN TEAM COACHING
- 2.10. THREE PRACTICAL MODELS FOR CONFLICT RESOLUTION

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# 3. COMPREHENSIVE UNDERSTANDING OF GROUP COACHING VS TEAM COACHING

- 3.1. UNDERSTANDING GROUP COACHING IN DEPTH
- 3.2. ANATOMY OF A GROUP COACHING ENGAGEMENT
- 3.3. UNDERSTANDING TEAM COACHING IN DEPTH
- 3.4. COMPREHENSIVE COMPARISON BETWEEN GROUP AND TEAM COACHING
- 3.5. THE THREE LEVELS OF TEAM COACHING OUTCOMES
- 3.6. ANATOMY OF A TEAM COACHING ENGAGEMENT
- 3.7. THE CORRELATION BETWEEN INDIVIDUAL AND TEAM COACHING COMPETENCIES
- 3.8. ATTRIBUTES OF EFFECTIVE TEAMS INDUSTRY DEFINITIONS AND **PRACTICALITIES**
- 3.9. IMPORTANT ROLE OF THE 'CO-COACH'

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### 4. MASTER PRACTITIONER APPROACHES IN GROUP AND TEAM COACHING

- 4.1. GOAL SETTING IN GROUP COACHING
- 4.2. DUAL CONTRACTING PROCESS OF TEAM COACHING
- 4.3. GLOBAL VIEW OF GOAL SETTING IN A TEAM COACHING ENGAGEMENT
- 4.4. DEEP DIVE INTO ESSENTIAL PRACTICALITIES OF GOAL SETTING IN TEAM COACHING
- 4.5. PRACTICAL TECHNIQUES TO ELEVATE YOUR GOAL SETTING TO MASTERY LEVEL.
- 4.6. COMPREHENSIVE PRACTICAL METHODOLOGY OF TEAM GOAL SETTING IN-PERSON

CONT'D...

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# 4. MASTER PRACTITIONER APPROACHES IN GROUP AND TEAM COACHING CONT'D...

- 4.7. COMPREHENSIVE PRACTICAL METHODOLOGY OF TEAM GOAL SETTING IN A VIRTUAL/ONLINE ENVIRONMENT.
- 4.8. HOW TO MASTERFULLY FACE THE INTENSE DEMAND FOR COACHING PRESENCE IN GROUP AND TEAM COACHING
- 4.9. MASTERY OF PROVIDING FEEDBACK IN GROUP OR TEAM ENVIRONMENTS
- 4.10. TEN ESSENTIAL BEST PRACTICES UNIQUE TO GROUP & TEAM COACHING
- 4.11. USING CREATIVITY IN GROUP AND TEAM COACHING
- 4.12. CONVERTING RETURN ON INVESTMENT (ROI) INTO OUTCOMES OF TEAM COACHING ENGAGEMENT
- 4.13. SELF-CARE AS A GROUP AND TEAM COACH
- 4.14. IMPORTANCE OF SUPERVISION IN TEAM COACHING

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#### 5. ASSIGNMENTS AND PRACTICUM:

- 5.1. IN-CLASS SIMULATION ONE (IN-PERSON OR VIRTUAL): GROUP COACHING ENGAGEMENT CASE STUDY
- 5.2. IN-CLASS SIMULATION TWO (IN-PERSON OR VIRTUAL): TEAM COACHING ENGAGEMENT CASE STUDY
- 5.3. SELF-PACED TWO EXTERNAL COACHING LABS: GROUP OR TEAM COACHING ENGAGEMENTS
- 5.4. COACHING INCUBATOR: GROUP OR TEAM COACHING ENGAGEMENT WITH A CLIENT PROVIDED BY IGNITE (OPTIONAL)

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# 6. ELIGIBILITY FOR CERTIFICATION: REVIEWS AND ASSESSMENTS:

- 6.1. SILENT ASSESSMENT FEEDBACK PROVIDED BY THE MENTOR DURING THE LIVE CLASSES
- 6.2. PEER REVIEWS OF EXTERNAL COACHING LABS: THREE PEER REVIEWS OF REGULAR GROUP OR TEAM COACHING SESSIONS
- 6.3. FINAL ASSESSMENT: SELF-REVIEWED REGULAR GROUP OR TEAM COACHING SESSION
- 6.4. FINAL ASSESSMENT FEEDBACK AND RECOMMENDATIONS FROM COURSEWORK ASSESSOR

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# 7. BUSINESS ESSENTIALS FOR A SUCCESSFUL GROUP & TEAM COACHING PRACTICE

- 7.1. IDENTIFYING GROUP & TEAM COACHING CLIENTELE
- 7.2. UNDERSTANDING GROUP & TEAM COACHING FROM A BUSINESS PERSPECTIVE
- 7.3. HOW TO PACKAGE YOUR EXPERTISE AS A TEAM DEVELOPMENT PRACTITIONER
- 7.4. SIGNATURE BUSINESS STRATEGY FOR FINANCIALLY SUCCESSFUL GROUP COACHING BUSINESS
- 7.5 CREATIVE WAYS TO ACQUIRE TEAM COACHING ENGAGEMENTS WITH LEADING ORGANIZATIONS ORGANICALLY.

ASYNCHRONOUS | VIA VIDEO CLASSES | VIRTUAL









